

Always Think of God

B. Sadhu on the purpose of human life



The 7 Ways to Think of God Contantly

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The seven primary practices to think of God constantly in descending order of ease are as follows:

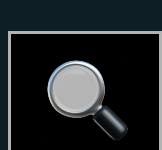
1. Hearing about God.
2. Projecting God's form over everything you see externally with open eyes.
3. Singing God's glories.
4. Airwriting God's name.
5. Closing your eyes and visualizing God in His spiritual world.
6. Chanting God's name.
7. Reading about God's activities.

These 7 practices are listed in descending order of their practical ease of practice for general practitioners not necessarily in the descending order of the power of the practices themselves.

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Don't Worry About Your Defects in Thinking of God. It Means Perfection is Close By!



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