energy when I complete my 12 hours of meditation daily. This achievement has always remained elusive to me from the very beginning of my soul's journey in this material world and also for even some of the topmost transcendentalists. Because the object of their meditation is not the most liberal and all-forgiving Nitai, Who is luckily the object of my 12 hours of daily meditation. After coming across this rarest of the rare chance to meditate on the most confidential and unconditionally forgiving Nitai by some impossible stroke of my ultimate good fortune after

zillions of lives, if I don't meditate

then I feel like I am throwing away

the rarest touchstone in creation

which I have most astonishingly

on Him for 12 full hours daily,

Meet the 12-Hour

Meditator

Bsadhu on his daily 12-hour meditation practice

What I have realized from

perfected the impossible, which is

to conquer the infinite illusory

my 12 hours of daily

🌿 I feel like I have finally

meditation

attained into the deepest bottomless abyss which has ever existed. I feel like I have eventually made my infinite past lives and this life fully successful when I complete my 12 hours of meditation on even one day of my life. I feel like I have reached the very summit of all quests and journeys of my soul from time immemorial when I complete my 12 hours of meditation daily. I feel like I have done the best preparation for my death at any moment when I complete my 12 hours of meditation daily. I feel totally assured that now I will certainly attain the spiritual world after death when I complete my 12 hours of meditation daily. I feel like I have already attained the spiritual world while living when I complete my 12 hours of meditation daily. I feel like the very purpose of my whole existence in this creation has always been nothing else but to complete my 12 hours

of meditation daily, which I had totally neglected till now. I feel like I have finally managed to somehow accomplish the totally impossible, which is to uproot the all-pervading and persistent roots of my deepest internal, undefeatable, and harmful inclinations, thoughts, words, and deeds for all eternity when I complete my 12 hours of meditation daily. I feel like the infinite ocean of material nescience has been reduced to a tiny puddle of water in the hoof-print of a calf on the

sand when I complete my 12 hours of meditation daily. I feel like never trading my 12 hours of daily meditation even for my very own life because it has now become my only life and my very existence itself. It is very important to remember in this regard that the quality of our life is more important than quantity. I feel like no one in this whole creation can stop me from completing my 12 hours of daily meditation except myself and myself alone. And when I do that, I become my own biggest enemy, I feel that there is no benefit,

the very destroyer of my own soul. absolutely nothing, nada, zilch, which I can give to any single soul in this creation if I don't complete my 12 hours of meditation daily. 🌿 I feel that by hearing from me or by meeting me after I have completed my 12 hours of daily nitai meditation, any soul will be able to finally get the same supreme benefit as seeing the soul, the Supersoul, and the spiritual world face to face. I feel like even one moment of listening to the sound of my voice or meeting me personally starts awarding the ultimate spiritual world to any soul, irrespective of qualification, only and only if I have recorded it after completing my 12 hours of meditation daily. I have realized that the topmost pilgrimage of this world is to meet a daily 12-hour nitai meditator in the form of hearing

his or her deeply meditative sounds (first choice) or to meet him or her personally. There can be no higher pilgrimage in the whole creation than this! I realized it so deeply within myself that anyone who meditates on Nitai for 12 hours daily purifies not just this world or universe but the entire creation and becomes the topmost walking-talking carrier and personification of the spiritual world while living in this material world. I feel like the unlimited power of the cosmic illusory energy of this material world is just meant for one purpose and one purpose alone. And that is to stop me at any cost, even at the cost of my very own life, from completing my 12 hours of meditation daily. I feel like every single object and thought of this world is only meant to distract me from completing my 12 hours of meditation daily. I feel that my 12-hour daily meditation is the only eternal treasure and possession I can accumulate for my soul during this life and take with my soul after this life. Everything else I own and what I have gathered in this life is all an illusion and has been a colossal waste of this rarest human life. I feel like I am using a CEO's

office (rarest human body) to do a clerk's work (eating, sleeping, mating, and defending like animals) if I don't complete my 12 hours of meditation daily. I feel like I am crushing and powdering away the most precious diamond in creation, tearing away the most valuable cloth in this world into pieces, and washing away the most exotic sandalwood paste if I don't complete my 12 hours of daily meditation. I deeply perceived that the greatest loss in all of the existence of my past zillions of lives from time immemorial is to not meditate on the spiritual world for even one moment of the most rarely attained human form of life. So practicing my 12 hours of daily meditation is the very least I can do to make up for this eternal loss of time that can never be recovered even by the most powerful being in this universe. I could grasp that giving half of my day for meditation is not such a big deal at all in the absolute sense when it is a logical nobrainer that actually the full 24 hours of my daily existence should anyways be fully utilized for meditating on the spiritual world, the only permanent reality in this entire creation, in order to make it my guaranteed destination after death, which is the only real longterm welfare for my eternal spirit

soul. I feel like those who distract me from completing my 12 hours of daily meditation by engaging me in other activities are not my true friends at all because these deviations from my meditation slash and shatter my very soul into millions of pieces. I feel that it is practically impossible to quickly see my own soul, the Supersoul, and the spiritual world face to face without completing my 12 hours of meditation daily. Initially, my practice of 12 hours of daily meditation felt as if it was the greatest austerity in the whole creation. My whole mind, body, and senses would revolt and rebel to do anything else but meditate for such long hours. It would literally drive me insane in order to make me stop and fail in completing my 12 hours of meditation daily. But by somehow completing my 12 hours of daily meditation even then by hook or by crook, day after day, come what may, my relish in meditation awakened.

Just like forcibly drinking sugarcane juice feels bitter at first but then reduces jaundice and starts tasting sweeter and sweeter. And now the tables have completely turned. Not completing my 12 hours of daily meditation feels like the most bitter, intolerable, and unacceptable austerity and suicidal sacrifice in the whole creation to me. I feel totally dead from within and without if I don't complete it daily. - Bsadhu. read this article in hindi Top